



Winter 2009
September

For the community ... by the community.

**Olmsted Community
Center Staff**

Executive Director
John Hawkins
Director
Donna Winter
**Special Events
Coordinator**
Amy Hanratty
Administration
JoAnn Beck
Tom Helmick
Sherri Lippus

Class Registration

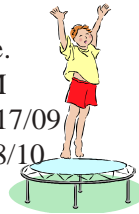
Online www.olmstedcc.com
In Person
8170 Mapleway Drive
Olmsted Falls, OH

General Information:

Phone (440) 427-1599
Email office@olmstedcc.com
Office Hours:
M-F 9:00am- 5:00pm
Facility Hours:
M-F 7:00am- 8:00pm
Sat. 8:30am- 1:00pm
Sun. Varies

*The Olmsted
Community Center's
primary goal
is to be a
family-friendly center
for the whole community
to enjoy.
The Center will provide
the Olmsted communities
with facilities and
programs that strengthen
the mind, body, & spirit
of the individual,
helping them develop
their God-given
purpose & talents.*

Parent - Tot Playgroup - Ages 2 & 3 yrs.
Come check out what you and your little one
have been missing and let us help run off
some of his/her excess energy. Activities
will include movement, listening skills,
nursery rhymes, parachute play & some art
fun too. *Max of 15 per class
Parents **MUST** stay & participate.
WHEN: Thursdays, 10-11:00AM
DATES: Session I: 11/05/09 - 12/17/09
Session II: 1/14/10 - 2/18/10
(No Class 11/26)



Bitty Basketball - Co-Ed, Ages 4 - 6 years
Learn the fundamentals of basketball through
creative games. Utilizing fun basketball games
and skill stations, little ones develop their shooting,
passing, and dribbling skills. Emphasis is on
having fun! These classes fill early so call today.
WHEN: Fridays
Daytime 12:30-1:00, 1:15-1:45
Evenings 5:00-5:30 or 5:30-6:00 PM
DATES: Session I: 11/06/09-12/18/09
(No class 11/27)
Session II: 1/15/10-2/19/10
FEE: \$45/ child/ session (6 wks.)



Make learning
an adventure!

Inspiring opportunities
for adults age 50+!

NEW FALL CLASSES BEGIN SOON!

Forgive & Forget
Weds. 10/21 -10/28, 12 - 2:00PM, \$15

Ghostly Mystery
Wed. 10/07, 12-1:30PM, \$8
These listed classes will be held at the
Olmsted Community Center in Olmsted
Falls.

**Saturday
Activity
Night**
For children ages 8-13.
Fully supervised!
Dancing, gym activities,
crafts, games w/
prizes & a different
theme each Saturday
night!
**Saturdays
7-10PM
\$7.00**

Register online at www.olmstedcc.com

ONE80

BEGINS SEPTEMBER 16th
AT A NEW TIME 7:00-8:30
GRADES 6-8th

for more info:
www.one80cleveland.com

Olmsted Community Center



and
Olmsted

Performing Arts

are proud to offer quality
acting & dancing classes.

Register for classes at
olmstedperformingarts.com

Workout Center

LOW Monthly Rates

Single \$25 /month

Couple \$35 /month

Family \$45 /month

NO
Sign-Up
Fees!

FREE
One Week
Trial Period

**PRE-PAY membership
& SAVE even more!**



The Silver Sneakers Fitness Program offered in partnership with select health plans at no additional cost to **Medicare-eligible members**. These multi-level equipment based strength and conditioning exercise classes are appropriate for all levels. Our class size has grown so we've moved up to the gym! Come check out the fun you are missing...

TIME: 10:30 - 11:30AM

DAYS: Tuesdays & Fridays - Exercise Class
Mondays & Wednesdays - Walking Club

FEE: \$20.00 /month if NOT covered by your insurance.

Country Line Dancing



Newcomers will learn easy beginner dances to country, rock 'n roll, even a bit of disco while we also review our favorite classics and add in new dance moves. No partner needed; excellent form of exercise!

DATES: Session I: 9/13 - 10/18

Session II: 10/25 - 11/29

WHEN: Sundays, 6-7:00PM

FEE: \$5/Walk-In or \$24/6 wk. Pre-Pay

All ages welcome!

Yoga



In addition to relaxation and relief from stress, yoga brings improved balance, strength, and flexibility. Join Kristen and this ongoing class to begin or further your practice. Please bring a mat and blanket or towel.

Days: Tuesdays, 9/22 - 10/27

Time: 7:00 - 8:00 PM

Fee: \$10 each night or \$48 for all 6 classes

Registration: Contact Kristen by phone: (call or text) (440) 241-6458 or at serenity.yoga@live.com.

 eBay Giving Works

Use eBay and benefit the Olmsted Community Center. Please visit our website or call Amy Lambermont at 440-427-0906 for more information.

